EODMU5 NEWSLETTER

From your Ombudsman



My name is Paige Young and I am your Ombudsman. I am very excited about joining the EODMU 5 Family and hope you find this newsletter informative and beneficial to you and/or your family. Whether you

are a spouse, child, sibling, parent, or other family member I am here to answer your questions and refer you to the many experts available for assistance. Please do not hesitate to contact me with any question or concern.

NOVEMBER ISSUE

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"The fastest way to be successful is to help others succeed." -EODMU5 Command Philosophy

Have Your Voice Heard...

During our Ombudsman Assembly Meeting, Capt. Mike Ward, commanding officer of NBGO, spoke to us about the upcoming Town Hall Meeting. The topics of discussion during the upcoming meeting will be on Housing, MWR, and Security. This is a great opportunity to learn about the new housing policies that have been established and address any concerns that you have. If you require any information prior to the meeting, please contact Ms. Marlyn Gumabon, Housing Director at 333-2087/88.

What: Town Hall Meeting

Where: Naval Base Guam Theater

When: 1800-2000

Why: Address Concerns of MWR,

Security, and Housing

Commanders Corner

EODMU FIVE Families,

Does the fact that it is already November surprise you? The year has been a proverbial blur, but in my opinion a very good blur. The command continues to "punch well above its weight class" loved ones. Plan to take full by safely and successfully accomplishing many tasks and missions in many places across Asia Pacific. Everywhere CMC and I travel, I have the good fortune of being thanked for everyone's hard, important and excellent work. Please take a moment to relish in the fact that you, as a member of EODMU FIVE, from 6:00 - 11:00 pm at the are integral to our overall and continued success. Thank you.

Erica, Elsie and I just returned from a week vacation in Thailand. What a trip! I was reminded again of how great it is to be able to travel to the many amazing nearby countries. I encourage everyone to seize our unique opportunity and travel to a new place that you'd otherwise never visit. Traveling can be expensive, but the memories will last your lifetime.

If you're like me, you're excited that the Holiday Season is quickly approaching. Don't quote me on this, but that means we should all have a little more time to spend away from work and with our advantage of the standdown period - get rested and recharged because 2013 will promise to be every bit as busy as 2012. I also want to take this opportunity to request you "save the date" for our upcoming Command Christmas Party. It is scheduled for Thursday, December 13, Nikko Hotel. Ticket prices are expected to be \$15 (E-6 and below)/\$20 (E-7 and above). Last year's party was a great time and this year's party promises to be even better! I'll see you there.

Finally, I'd like to warmly welcome Paige Young, our new Ombudsman, to the Command Leadership Support Team! I can attest that she is as energetic as she is talented and personable. She is a great resource for all sorts of information and is more than



CDR Scott Kraft Commanding Officer

willing and available to assist you, our Families, in any way necessary. Don't be shy. Introduce yourself to her and let her know one or two ways we can improve EODMU FIVE. Am always humbled by and grateful to those who, regardless of what challenges arise, readily volunteer to help us improve ourselves, stay strong and be ever ready.

That's all for now. It's a small island and we're a tight-knit Family so I trust that I will see you

Sincerely, Created on 10/23/12 4:47 PM CDR Scott Kraft

A Trunk or Treat

On October 26th we had Trunk or Treat at the Naps parking lot. A special thanks goes out to all those who helped by donating candy, creativity, time, and/or participated with the event. Without your continuous support these special events couldn't take place.





Calendar of Events

Command Than Rsgiving Luncheon

The time has come to give thanks for all that we have. Please join us at our Command Luncheon at the K-Span. We hope to see you there.

What: Thanksgiving Luncheon **Where:** Command K-Span **When:** Thursday, 15 Nov. 2012

Γime: 1100-1300



This years Christmas party is being held at Hotel Nikko Thursday, Dec 13th from 6-11pm. Ticket sales will start on November 6th; please see, YNSN Hill, and CM3 Conner to purchase tickets. Ticket prices will be \$15 for Blue shirts and \$20 for Khakis.

For more information see page 5

FFSC CVents

For more information or to register call FFSC: 333-2056/57

5 NOV 12

SAPR Training Engaging Bystanders

Time: 1300-1400

Where: NBG FFSC Bldg 102

SAPR Training: Alcohol & Sexual Assault

Time: 1400-1500

Where: NBG FFSC Bldg 102

6 NOV 12

Anger Management Time: 1000-1200

Where: NBG FFSC Bldg. 102

7 NOV 12

Command Sponsorship Workshop

Time: 1500-1700

Where: NBG FFSC Bldg. 102

9 NOV 12

Retirement Planning

Time: 1400-1530

Where: NBG FFSC Bldg. 102

Marketing Yourself

Time: 1700-1900

Where: NBG FFSC Bldg 106

13 NOV 12

SAPR POC Training

Time: 0800-1200

Where: NBG FFSC Bldg.102

SAPR DCC Training

Time: 1330-1530

Where: NBG FFSC Bldg. 102

14 NOV 12

SAPR Liaison Training

Time: 0800-1700

Where: NBG FFSC Bldg. 102

13-19 NOV 12

TAP (Transition Assistance Program)

Time: 0745-1600

Where: NBG FFSC Bldg. 102

20 NOV 12

Building Healthy Relationships

Time: 0900-1100

Where: NBG FFSC Bldg. 102

29 NOV 12

Welcome to Guam Orientation

Time: 0800-1630 Where: NBG

30 NOV 12

Island Tour

Time: 0800-1630 Where: NBG

Calendar of Events Continued



24 Nov 12

<u>Christmas Tree Lighting</u>
<u>Ceremony</u>
Starts at 1815 with lights turning on at 1900

For more information or other events checkout their facebook



31 OCT-23 DEC 12

<u>Toy Layaway</u> FMI see associates for detail

Visit mynavyexchange.com for more information or upcoming sales.



20 NOV & 23 NOV will be open regular hours.

Rewards Program

For more information about the program checkout their website at commissaries.com



28 NOV 12

A Budget for Baby Class

Time: 1700-1900



08 NOV 12

Dueling Pianos International

Time: 1900

Where: Molly McGee's

16 NOV 12

Performance by The Rogues

Time: 1900 -2300

Where: Molly McGee's

19 NOV 12

Navy Entertainment presents "David Chicken"

David Chicke

Time: 1800

Where: Big Screen Theater

22 NOV 12

Thanksgiving Feast

Time: 1100-1330 Where: Top O'Mar

Barracks Bash Single Sailor

Time: 1600-1900 Where: USO

Shuttle Service to USO

Thanksgiving Luncheon

Where: leaves from liberty center

23 NOV 12

Family 5k Turkey Trot

Time: Show 1700, Go 1730 Where: Charles King Fitness

Center

FMI call 333-2049

24 NOV 12

Giant Holiday Card Contest

Time: 1815

Where: NBG Chapel

Kids Triathlon

05-23 NOV 12

Registration for 01 DEC Kids Triathlon at CKFC Parents are encouraged to join their child in the triathlon.

Show Time: 0500-0600

Go Time: 0730

Open for Juniors (8-10) Intermediate (11-13) Seniors (14 and up)

Checkout MWRGuam.com to keep up to date on all the events happening on Guam.



22 NOV 12

Thanksgiving Dinner Time: 1200-1500

Where: USO

Live music, games, billiards, aqua massages, Skype phone, Wi-Fi and raffles.

To make reservations call 647-4876

Resources: Take Advantage of them

Have you voted??

2012 Election Information

www.fvap.gov.

Check out the site listed above for absentee ballot information and to track your vote to make sure it was counted

Did you know??

The Parent Review, provided by TriCare, is a weekly email that keeps parents up to date on important issues during pregnancy as well as health and developmental information regarding their babies and young children. Tailored messages will be sent to the inbox of expectant and new parents with specific information customized to the due date of their baby, or birth date of their young child up to age 1.

The service also distributes important announcements and program information through customized e-campaigns, the Nursing Journal, online surveys and The Parent Review Report. The Report provides high-quality, research-based articles on a wide range of topics to include newborn/infant care, postpartum and maternal health, prematurity, pregnancy loss, autism and many others.

For more information and to sign up for this service go to www.dodparenting.org.

Contact Info

Email: eodmu5omb@yahoo.com

Cell: 1-671-687-1725

Command Christmas Party

Doors open at 6pm

- -Hotel rooms are available for \$125, this includes breakfast for two. When you call to make your room reservation you must mention EODMU Five to get the room rate of \$125. There are only 20 rooms set aside, so the sooner you make your reservation the better chance you have at getting a room.
- -Dinner will begin at 7pm, buffet style.
- -A day care room along with a baby sister will be provided. Chief Long's wife will be the baby sitter; the cost is \$5 per hour per child.
- -Games and raffle prizes to be given away.
- -After party is at the Beach Bar which is 100 meters down the beach from Hotel Nikko.